

## Chlamydia Testing Kit

Chlamydia is serious, silent and spreading.

**Free Screening for 15 – 24 year olds.**

Please ask at reception for further details and collect your self testing kit.

## Holmes Chapel Health Centre - Dispensary



Dispensary – **Opening Hours – 8.00am – 18.30pm**

To improve the service we offer we are encouraging patients to leave their repeat prescription with us when they collect their medication and return again in 28 days to collect their next supply. This alleviates the need to drop off a repeat prescription and also avoids last minute requests. Alternatively you may continue to order your repeat prescription by completing the request slip and posting it in the Dispensary box sited in the foyer or via email as below.

The telephone repeat request line is for housebound and elderly patients only who may leave their telephone number on the answer machine. A member of staff will return their call to confirm their order request.

## Repeat Prescriptions – Email Address

For Dispensing patients who live outside a 1 mile radius of Holmes Chapel and who utilise the Dispensary requests may be emailed to: **[hchcdispensary@nhs.net](mailto:hchcdispensary@nhs.net)**

For all other Holmes Chapel patients you can order your repeat medication electronically by sending an email with your details and list of medication required to: **[hchcscrip@nhs.net](mailto:hchcscrip@nhs.net)**  
(NB: this email address is for prescription requests only).



## Stop Smoking – Cessation Advice



The NHS national “Stop Smoking campaign”  
If you require help and advice on “**Stop smoking**”

The following contacts are accessible:

Lloyds Pharmacy - Holmes Chapel 01477 532347

Quit – a charity that helps people to quit smoking

Quitline – 0800 002200 - **[www.quit.org.uk](http://www.quit.org.uk)**

NHS smoking helpline - 0800 1690169

**[www.givingupsmoking.co.uk](http://www.givingupsmoking.co.uk)**

Smokefree Cheshire - **[www.smokefreecheshire.nhs.uk](http://www.smokefreecheshire.nhs.uk)**

# In Practice

HOLMES CHAPEL HEALTH CENTRE NEWSLETTER – WINTER JANUARY 2014

## Information Sharing

As the data controller of patient's personal confidential data, GP practices have a duty to protect the data they hold. We take this responsibility very seriously. We will normally only release patient information if we have prior written consent from the patient. However, some patient data is disclosed – this is summarised below:



**Personal Demographics Service** - The Personal Demographics Service (PDS) is the national electronic database of NHS patient demographic details such as name, address, date of birth and NHS Number. The PDS enables a patient to be readily identified by the NHS quickly and accurately. The PDS does not hold any clinical or sensitive data. You may request your data to be ‘stop-noted’ (your details are hidden) only in special circumstances, e.g. if you are a victim of domestic violence or in a witness protection program. Having your details hidden will have an impact on your GP being able to make referrals for you to hospital consultants or to other NHS services.

**Summary Care Record** - The Summary Care Record (SCR) aims to help emergency doctors and nurses help you when you contact them when the surgery is closed. The SCR currently contains information on your current medication, your allergies and any adverse reactions that we know of. For further information on the SCR, please refer to our website. An opt out form is available on the website and also at reception.

**NHS England Care Data** - NHS England's Care Data system aims to provide timely, accurate information to citizens, clinicians and commissioners about the treatments and care provided by the NHS. All households nationally will receive a leaflet in the post regarding this sharing of data. Further information can be found on our website. An opt out form is available on the website and also at reception. Please visit the Holmes Chapel Health Centre Website for further details –

**[www.holmeschapelhealthcentre.co.uk](http://www.holmeschapelhealthcentre.co.uk)**

**Please note that the Summary Care Record opt-out process is separate from the NHS England Care Data opt-out process, i.e. opting out for one does not opt you out for the other.**

## Staff Training – Health Centre Closed

**Wednesday 5<sup>th</sup> February 2014**      **Wednesday 5<sup>th</sup> March 2014**  
**Wednesday 2<sup>nd</sup> April 2014**          **Wednesday 4<sup>th</sup> June 2014**  
**Wednesday 2<sup>nd</sup> July 2014**          **Wednesday 1<sup>st</sup> October 2014**  
**Wednesday 5<sup>th</sup> November 2014**      **Wednesday 3<sup>rd</sup> December 2014**

The Health Centre will be closed for staff training. Note closed from 12.30pm until the next morning:

Should you require urgent medical attention when the Health Centre is closed dial the usual number **(01477 533100)** your call will be automatically transferred to the NHS East Cheshire Out-of-Hours Service. Alternatively you can contact the Out-of-Hours Service direct **(01625 502999)**. A triage nurse will advise you regarding your problem and where necessary they will arrange contact with a GP. If you need to see a GP outside of surgery hours you may be asked to attend a Primary Care Centre at Macclesfield, Knutsford, Crewe, Northwich, Congleton or Handforth. Home visits by a GP will be arranged where appropriate. In the event of an emergency dial **999**

## Going on holiday – Travel vaccinations

When arranging travel where vaccinations are required please ensure you plan ahead, we require at least six to eight weeks notice prior to your travel date but where possible the sooner you can let us know the better. It should be noted that in some instances we may not be able to accommodate all of the needs and requirements of a patient in the administration of travel vaccinations. Examples of such scenarios may include:

- \* Travel vaccinations required at short notice.
- \* Non-NHS travel vaccinations, not administered at Holmes Chapel Health Centre.

In these situations, patients may engage with an independent travel clinic.



## GP Availability



Continuity of care is important, if your problem is not urgent and your usual GP is unavailable on the day of your request please try to wait until they are available, you can request a pre-bookable telephone consultation. Alternatively if an appointment is required for a minor ailment it may be that the

Nurse Practitioner can deal with your problem, please ask the receptionist.

	Monday	Tuesday	Wednesday	Thursday	Friday
Dr Tate	In all day	In all day	Off site	In all day	In all day
Dr Thorburn	In all day	In all day	Off site	In all day	In all day
Dr Bailey	In all day	In all day	In all day	Off site	In all day
Dr Taylor	In all day	In all day	In all day	Off site	In all day
Dr Hulme	In all day	Off site	Off site	In all day	In all day
Dr Bailoor	In all day	Off site	In all day	In all day	In all day
Dr La Coste	Off site	AM - only	Off site	AM - only	Off site

## Nursing Team Availability

Nurse Pracs.	Monday	Tuesday	Wednesday	Thursday	Friday
Julie & Louise	AM - only	AM/PM	AM - only	AM/PM	AM - only
Prac. Nurses	Monday	Tuesday	Wednesday	Thursday	Friday
Sharon Wakefield	In all day	DAY OFF	DAY OFF	In all day	In all day
Spec. Prac. Nurses	Monday	Tuesday	Wednesday	Thursday	Friday
Caroline Faulkner	PM - only	In all day	In all day	DAY OFF	In all day
Jenny Worthington	In all day	PM only	In all day	PM only	DAY OFF

## Medicine Wastage

Eastern Cheshire NHS has been running a campaign in an effort to reduce the amount of wasted medication. We will only prescribe those items on your repeat prescription request slip that you mark with a tick. If you do not add any ticks or use a cross we will not process your request and you will be asked to resubmit it.



When completing your repeat form only tick what is actually needed this will help to keep waste to a minimum. Medications are costly and once the item has been dispensed and left the building they cannot be reused; even if the package is unopened they have to be destroyed.

To ensure you receive the correct repeat medication:

- Only order the medication you need
- Place a tick against the items you require
- Do not use a cross as this can be confusing for staff
- If you require all the items on your repeat please tick them all. A blank form will not be processed

Thank you for supporting this campaign.